

## **Communication by Email, Text Message, and Other Non-Secure Means**

It may become useful during the course of treatment to communicate by email, text message (e.g. “SMS”) or other electronic methods of communication. Be informed that these methods, in their typical form, are not confidential means of communication. If you use these methods to communicate with Ashley Eder, LPCC, there is a reasonable chance that a third party may be able to intercept and eavesdrop on those messages. The kinds of parties that may intercept these messages include, but are not limited to:

- People in your home or other environments who can access your phone, computer, or other devices that you use to read and write messages
- Your employer, if you use your work email to communicate with Ashley Eder, LPCC
- Third parties on the Internet such as server administrators and others who monitor Internet traffic

If there are people in your life that you don’t want accessing these communications, please talk with Ashley Eder, LPCC about ways to keep your communications safe and confidential.

Ashley Eder, LPCC also offers the following, more secure means of communication. While it cannot be guaranteed that it will prevent 100% of confidentiality breaches, it is designed with the intention of supporting the confidentiality of clinical communications:

- VSee Video Chat and Telehealth Platform can be used for HIPAA-compliant transfer of documents during active video chat sessions
- Phone calls may be used to schedule appointments and discuss payment

## **CONSENT FOR TRANSMISSION OF PROTECTED HEALTH INFORMATION BY NON-SECURE MEANS**

I consent to allow Ashley Eder, LPCC to use unsecured email and mobile phone text messaging to transmit to me the following protected health information:

- Information related to the scheduling of meetings or other appointments
- Information related to billing and payment
- Communications with equal level of content disclosure over the same medium as I initiate in reply to my own nonsecure communications with Ashley Eder, LPCC (ie, Ashley Eder, LPCC can use the same service I used to message me back, and talk about the content I already brought up)

I have been informed of the risks, including but not limited to my confidentiality in treatment, of transmitting my protected health information by unsecured means. I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this consent at any time.

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Signature

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Date